

February Webinars for Parents and Caregivers with Kirrilie Smout



To join the Webinar on the night you need to ensure you have downloaded Zoom.

Zoom Meeting Link;

<https://us02web.zoom.us/j/87486114180?pwd=czNuMER4Tk1xdEh6YXUwZW1leTk4UT09>

Meeting ID: 874 8611 4180 Passcode: 819527

In this free webinar, psychologist and author Kirrilie Smout will cover:

- The 6 emotional and social learning challenges and needs for children as they start school.
- Helping children tell us more about their school days and experiences (without pressuring them).
- Helping children manage friendships and social relationships.
- Helping children become independent and responsible learners.
- Helping children manage worry and frustration about school experiences.
- Working together with teachers and other school staff.



WELL-BEING AND SUCCESS FROM THE START OF SECONDARY SCHOOL WHAT PARENTS & CAREGIVERS CAN DO

Join us on
Tuesday 2nd March
at 7.00pm

This seminar is designed to help parents/caregivers of teenagers gain confidence and skills in supporting students as they start secondary school.



To Join the Webinar on the night you need to ensure you have downloaded Zoom Meetings.

Join Zoom Meeting

<https://us02web.zoom.us/j/89226356975?pwd=dVJNTk5RejdRL1cxa0xQVFJlQVlwQT09>


Meeting ID: 892 2635 6975 Passcode: 991465

In this free webinar, psychologist and author Kirrilie Smout will cover:

- The factors associated with higher well-being and academic achievement of students in secondary school.
- Knowing how to talk with teens (including those who are reluctant to communicate).
- Knowing how to support teens to get enough sleep and use devices wisely.
- Helping teens to navigate friendships and interactions with their peers.
- Knowing how to set boundaries in ways which are respectful and empowering for young people.

Kirrilie Smout is the founder of Developing Minds, a large child and adolescent psychology clinic in Adelaide and Calm Kid Central which provides online support for children who are struggling with worry, frustration or challenging behaviour. She has worked with young people, their families and teachers for 24 years, presented thousands of workshops to school students and authored three books: When Life Sucks, When Life Sucks for Kids and The Years that Count.

March Webinars for Parents and Educators



**Students Who Shut Down and Disengage
WHAT DO I DO?**

Free

The Federation of Catholic School Parent Communities


1hr Professional Webinar for Teachers, Educators and Leaders of SA Catholic School Communities.

4:00pm 31st of March 2021

LBI FOUNDATION

Further Information and Registration

<https://www.eventbrite.com.au/e/sa-catholic-educator-responding-to-shut-down-and-disengaged-students-tickets-139318606703>



**Children and Young People Who Shut Down and Avoid Talking
WHAT DO I DO?**

Free

The Federation of Catholic School Parent Communities

1hr Professional Webinar for Caregivers and Parents of SA Catholic School Communities.

7:30pm 31st of March 2021

LBI FOUNDATION

Further Information and Registration

<https://www.eventbrite.com.au/e/sa-catholic-caregiver-responding-to-children-who-shut-down-and-dont-talk-tickets-139319445211>

Presented by the LBI Foundation in Partnership with the Federation of Catholic School Parent Communities

Dr Ivan Raymond

Clinical Psychologist, PhD

www.lbi.org.au

Ms Kylie Agnew

Registered Psychologist and Teacher