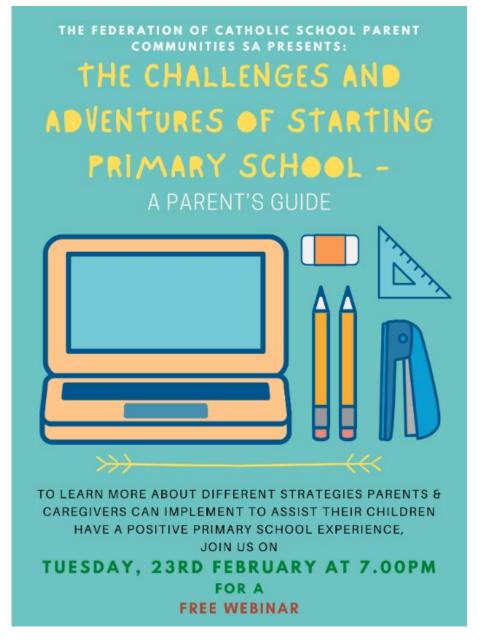
# **February Webinars for Parents and Caregivers with Kirrilie Smout**



To join the Webinar on the night you need to ensure you have downloaded Zoom.

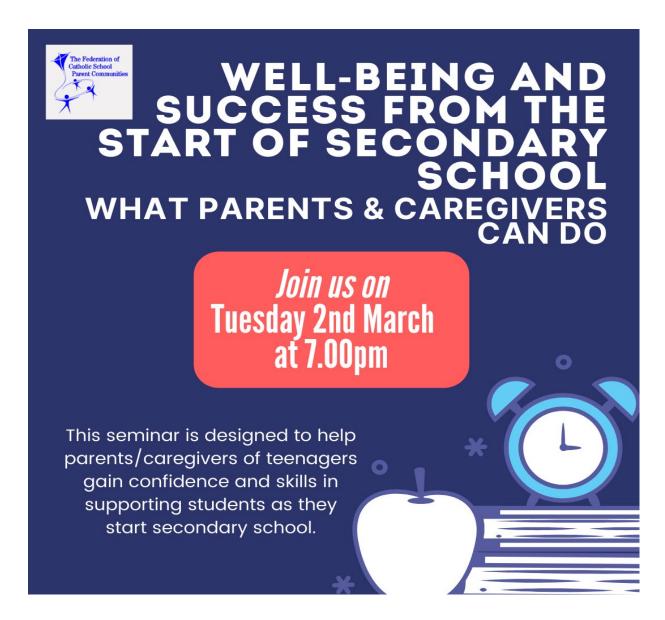
#### **Zoom Meeting Link**;

https://us02web.zoom.us/j/87486114180?pwd=czNuMER4Tk1xdEh6YXUwZW1leTk4UT09

Meeting ID: 874 8611 4180 Passcode: 819527

In this free webinar, psychologist and author Kirrilie Smout will cover:

- The 6 emotional and social learning challenges and needs for children as they start school.
- Helping children tell us more about their school days and experiences (without pressuring them).
- Helping children manage friendships and social relationships.
- Helping children become independent and responsible learners.
- Helping children manage worry and frustration about school experiences.
- Working together with teachers and other school staff.



To Join the Webinar on the night you need to ensure you have downloaded Zoom Meetings.

#### **Join Zoom Meeting**

https://us02web.zoom.us/j/89226356975?pwd=dVJNTk5RejdRL1cxa0xQVFJIQVIwQT09

Meeting ID: 892 2635 6975 Passcode: 991465

In this free webinar, psychologist and author Kirrilie Smout will cover:

- The factors associated with higher well-being and academic achievement of students in secondary school.
- Knowing how to talk with teens (including those who are reluctant to communicate).
- Knowing how to support teens to get enough sleep and use devices wisely.
- Helping teens to navigate friendships and interactions with their peers.
- Knowing how to set boundaries in ways which are respectful and empowering for young people.

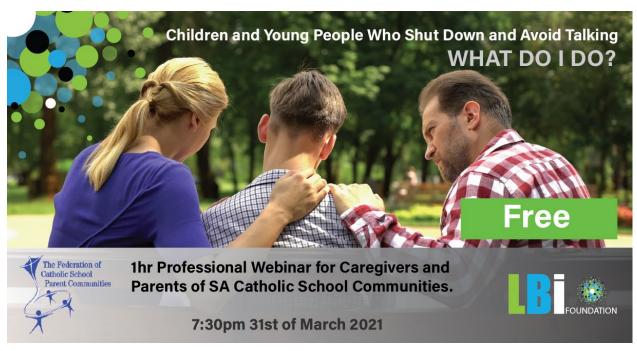
Kirrilie Smout is the founder of Developing Minds, a large child and adolescent psychology clinic in Adelaide and Calm Kid Central which provides online support for children who are struggling with worry, frustration or challenging behaviour. She has worked with young people, their families and teachers for 24 years, presented thousands of workshops to school students and authored three books: When Life Sucks, When Life Sucks for Kids and The Years that Count.

### **March Webinars for Parents and Educators**



### **Further Information and Registration**

https://www.eventbrite.com.au/e/sa-catholic-educator-responding-to-shut-down-and-disengaged-studentstickets-139318606703



## **Further Information and Registration**

https://www.eventbrite.com.au/e/sa-catholic-caregiver-responding-to-children-who-shut-down-and-donttalk-tickets-139319445211

Presented by the LBI Foundation in Partnership with the Federation of **Catholic School Parent Communities** 

Dr Ivan Raymond Clinical Psychologist, PhD

Ms Kylie Agnew